

Coffs Harbour Triathlon Club policy Junior's 13 and 14 years of age.

Coffs Harbour Triathlon Club complies with Triathlon Australia Race Rules. Those rules stipulate that juniors must be 13 years of age before they are allowed to complete our short course club race (350m swim/10km ride/2.5km run) and 14 years of age before they are allowed to complete the long course (750m swim/20km ride/5km run).

Coffs Harbour Triathlon Club encourages juniors to compete in our club races. The bike leg is conducted on open roads around the Jetty, and the north eastern sides of Coffs Harbour CBD. Harbourside markets and Car-boot markets elevate the pedestrian and vehicular congestion at the Jetty on Sunday mornings; additionally Hogbin Drive is a key arterial road that comprises part of the bike leg.

To mitigate the risk of juniors colliding with pedestrians and/or vehicles, juniors under the age of 15 must nominate a competent adult to ride with them during the bike leg. The primary role of the adult is to ensure the safety of the junior. The adult must wear a high visibility vest, ride behind the junior, and is not permitted to assist or propel the junior.