

## **Policy**

# **Junior's Policy**

Responsible Position

Approved By Committee

Committee Meeting 22 February 2023

Version

Review Date

Document(s) this policy supersedes

Race Director

Committee Meeting 22 February 2023

V2.0

22 February 2023

Undated Junior Race Policy 2021-22 V1.0

#### 1. Purpose

To provide the requirements for junior club members undertaking sanctioned races and those under 16 years of age undertaking the cycle leg of Club races.

### 2. Definitions

'junior cyclist' refers to a club member between the ages of 13 and 16 years undertaking the cycle leg of a sanctioned Club race.

**'supporting adult'** is over 18 years of age, a current Club member, hold a current drivers licence, and be approved by the junior cyclist's parent/guardian and be acceptable to the junior cyclist.

#### 3. Background

The Club complies with Triathlon Australia (TA) Race Rules at all times. TA rules stipulate that juniors must be 13 years of age before they are allowed to complete our Enticer course (350m swim/10km ride/2.5km run) and 14 years of age before they are allowed to complete the Sprint course (750m swim/20km ride/5km run). Juniors under 13 years of age are not permitted at sanctioned Club races.

#### 4. Policy Statement

Coffs Harbour Triathlon Club encourages juniors to compete in our club races. The bike leg is conducted on open roads around the Jetty, and the north eastern sides of Coffs Harbour central business district.

The Harbourside and car-boot markets elevate the pedestrian and vehicular congestion at the Jetty on Sunday mornings while additionally Hogbin Drive is a key arterial road that comprises part of the bike leg.

To mitigate the risk of injury with junior cyclists colliding with pedestrians and/or vehicles, the parents/guardian of juniors under the age of 16 must nominate a competent supporting adult to ride with them during the bike leg. The primary role of the supporting adult is to ensure the safety of the junior cyclist.

The supporting adult for junior cyclist undertaking the cycle leg at Club races must -

- Be acceptable to their parent/guardian and the cyclist.
- Be 18 years or older and holds a current drivers licence.
- Be registered as a volunteer on race day and signs the volunteer register.
- Be a competent experienced road cyclist.
- Be riding a road worthy safe bicycle with appropriate reflectors and a rear flashing red light.
- Be dressed in safe appropriate bike gear.
- Wear a volunteer fluorescent vest.
- Ride within 10 meters behind the junior cyclist at all times during the race.

The junior cyclist undertaking the cycle leg at Club races must -

- Have consent of their parent/guardian to participate in the Club race.
- Have an acceptable level of competence to ride a bicycle.
- Be riding a road worthy safe bike with appropriate reflectors, a rear flashing red light and front static white light.
- Wear a fluorescent vest.
- Ride within 10 meters of their supporting adult at all times during the Club race.
- Attend the race briefing and be aware of the bike course and basic road rules.

#### 5. Related Documents

Nil