

# BLUEBERRY HILLS DUATHLON

(Not a race – just a personal challenge)

W. A. C.  
PRESENTS

With the cooperation of  
BLUEBERRY FARMS  
AUST

## 2014

START (& FINISH) AT RANGE RD, CORINDI  
SUNDAY 14th SEPTEMBER, 2014 8.30am  
Registration from 7.45am

**DISTANCES: 7.2km RUN. 37km RIDE, 7.2km RUN**

**DONATION: \$10 Individuals**  
**\$15 Teams**  
(Payable to Woolgoolga Athletic Club)

**TEAMS: SENIOR** – One runner and one cyclist- Men, Women, Mixed  
**JUNIOR** – Two runners and two cyclists – Male, Female, Mixed

**This event IS NOT a sanctioned race. It is the opportunity to challenge yourself and each individual must accept that they will only be covered by their own insurance.**

Individual categories will however be given recognition. This will be finalized when we see who wants to come and test themselves on the course, but will probably be something like:-

- \*First three Men and Women
- \*First under 20 Male and Female
- \*First over 40 Male and Female

The opportunity to come and enjoy this personal challenge closes **FRIDAY 11<sup>th</sup> SEPTEMBER**  
**No entry on the day.**

Post notification that you intend to participate to:-

**Steel Beveridge, 3'b' Surf St., Emerald Beach 2456**

Enquiries – phone 66562735, email [steellyn@gmail.com](mailto:steellyn@gmail.com)

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## WAIVER

(1) I the undersigned, in consideration of, and as a condition of my participation in the Blueberry Hills Duathlon, for myself, my heirs, executors and administrators, hereby waive all and any claim, right or course of action, which I/they might otherwise have for, or arising out of the loss of my life or injury, damage or loss of any description whatsoever which I may sustain in the course of, or consequent upon my entry or participation in the said event.

(2) I will abide by the rules.

### **Individual or team leader:-**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex : M or F  
Signed: \_\_\_\_\_ (If under 18 parent/guardian must sign as well)  
Address: \_\_\_\_\_

### **Team Members:-**

(2) Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex : M or F  
Signed: \_\_\_\_\_ (If under 18 parent/guardian must sign as well)  
Address: \_\_\_\_\_

(3) Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex : M or F  
Signed: \_\_\_\_\_ (If under 18 parent/guardian must sign as well)  
Address: \_\_\_\_\_

(4) Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex : M or F  
Signed: \_\_\_\_\_ (If under 18 parent/guardian must sign as well)  
Address: \_\_\_\_\_