



# VENTOUX CYCLES JUNIOR SCHOLARSHIP DETAILS

As part of their annual sponsorship agreement with the Coffs Harbour Triathlon Club, Ventoux Cycles in association with Felt Bicycles will supply a road bike to be allocated to a junior member for their exclusive use for the duration of the triathlon 2013-2014 season.

In conjunction, the recipient will receive unlimited entry to morning swim squads, or evening triathlon squads at the Coffs Harbour Olympic Pool along with a weekly structured training program provided by Andrew Rowlings.

Athlete will receive the following:

- \*Bike from Ventoux Cycles and Felt
- \*Choice of 9 swim squad sessions per week at Coffs Harbour Olympic Pool
- \*Weekly training program, emailed each 7 days, plus access to track running group

Athlete is expected to:

- \*Commit to club races for the season, plus additional All Schools and regional events
- \*Maintain the bike in reasonable working order
- \*Stick to a progressive training schedule, with regular testing benchmarks incorporated in the season

At the completion of the season, the recipient has the option of purchasing the bike at a reduced cost, or handing back to the Triathlon Club for allocation to another member for the following season. Cost of the bicycle to be determined by the Club Committee and Ventoux Cycles. Should the athlete choose not to purchase, the Triathlon Club has the option of doing so at the same price. Should the Committee determine not to buy the bike, coach Andrew Rowlings has the option of doing so in order to be sold to any interested members.

In order to be eligible for the 2013-2014 Scholarship, the club member needs to be under 21 years of age, join up prior to the first race of the season, and complete a minimum of 5 races prior to December 8 when applications will close, the award will be announced and passed on to the most appropriate junior member, as determined by Ventoux Cycles, Coffs Harbour Triathlon Club committee and current coaches Andrew Rowlings and Phil Benoit. This will occur at the December 22 club race.

Application forms will be available at Coffs Harbour Triathlon Club sign-on day on August 18<sup>th</sup>, as well as each scheduled club race day, or can be obtained electronically on request.





# JUNIOR SCHOLARSHIP APPLICATION

NAME:.....AGE as at Dec 31, 2013:.....

ADDRESS:.....

EMAIL ADDRESS:.....PHONE:.....

DATE OF BIRTH:..... SCHOOL:..... YEAR:.....

EMERGENCY CONTACT NAME:.....PHONE:.....

CURRENT SWIM SCHEDULE:.....

CURRENT BIKE SCHEDULE:.....

CURRENT RUN SCHEDULE:.....

BIKE CURRENTLY RIDE:.....

BEST TIME ON CLUB COURSE:.....(long course) .....(short course)

GOALS FOR UPCOMING SEASON: .....

DO YOU HAVE ANY INJURIES/ALLERGIES: .....

DO YOU KNOW YOUR... 100m swim PB:..... 1km RUN PB:..... 10km BIKE PB:.....





**COFFS HARBOUR TRIATHLON CLUB**

# JUNIOR SCHOLARSHIP CRITERIA:

\*Under 21 years of age at December 31, 2013

\*A financial member of the Coffs Harbour Triathlon Club by the second club race, September 22, 2013

\*A financial member of Triathlon NSW by September 22, 2013

\*Have completed five of the six available events on the Coffs Harbour Triathlon Club Race Calendar by December 8<sup>th</sup>, 2013. Races are to be conducted on:

September 8<sup>th</sup>, 2013

September 22<sup>nd</sup> 2013

October 6<sup>th</sup>, 2013

October 20<sup>th</sup>, 2013

November 3<sup>rd</sup>, 2013

November 17<sup>th</sup>, 2013

December 8<sup>th</sup>, 2013

\*Have handed a completed application form to a member of the Committee no later than Sunday, December 8<sup>th</sup>, 2013.

# SELECTION PROCESS:

All applications will be assessed on Monday, December 9<sup>th</sup> by Phil Benoit and Andrew Rowlings, who will then present their recommendations to the Executive Committee of the Coffs Harbour Triathlon Club.

Once the successful athlete has been determined, the details will be rubber-stamped by Ventoux Cycles principal, Al Scotford.

At the completion of the December 22 club race, the recipient will be awarded the Scholarship, and given details on how to redeem the bicycle, pool passes and training schedule.